

Patient Education in 2015



27th January 2016

Diabetes Sans Frontières!

X-PERT

- 33 courses completed to date
- 7 more scheduled before 31st March – Total 40 for 2015/16
- 548 registered to attend to date
- 464 attended 1st session (84.6%)
- 363 complete 4 or more (66%)

OPTIMISATION

- 15 courses completed to date
- 7 more booked to end of March at present
- 54 people attended
- Non attendees 22 declined, 20 DNA, 46 exempted by the practice

DAFNE

- In 2015 four DAFNE courses took place in February, May, August and November.
- 30 candidates completed the course. Two did not attend.
- Refresher sessions were held 6 to 8 weeks later and the attendance was good.
- The final course is in February 2016 and 8 are booked.
- Total DAFNE graduates so far is 81 , target was 96 and if 8 attend in February 2016 the number of graduates will be 89.
- Number left on the waiting list is 224

CarbAware

- From The start of the carb awareness in Feb 2014 to last group in Oct 2015. We have done 122 group sessions with a total of 486 patients.
- For the year end of Oct 2014- end Oct 2015 there were 88 group sessions and a total of 337 patients have attended.
- For this year we are planning 4-6 group sessions a month with 6-8 people in each.
- It may be that we have to use some of these for the follow on group or do additional ones to cover this.