



Diabetes Service Developments

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Diabetes Specialist Nurse/Team Lead
(West)



Diabetes Specialist Nurse Team

- DSN team consists of 4 WTE working across Berkshire West
 - Working within a CCG
 - Employed by BHFT
 - Based at Wokingham Hospital but all mobile working
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XPERT

- XPERT – 6 week programme for people with Type 2 Diabetes
 - Interactive, local, reduction in weight and HbA1c
 - Commissioned for 2016-17
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Insulin Optimisation Programme

- New for 2015/16
 - Group Programme
 - Criteria – Type 2, on insulin, HbA1c > 85mmols <75 years
 - Run in your practice for your patients
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BEST 4 Diabetes

- New modular education programme developed by Community DSN Team specifically to cover the needs of Primary care in Berkshire West.
 - 1 module a month
 - Dip in or do whole thing
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BEST 4 Diabetes

- Modules facilitated by DSN's, Consultants, Podiatrist, IAPT.
 - Includes, Foundation course, Insulin Optimisation course, Renal, Gestational, Footcare, Diet Exercise, Behaviour change and more.
 - Launch planned for May 2016 details will be on Website and Newsletter.
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Questions ?