
Report of Berkshire West CCG Governing Body: 11 September 2018

Title	Locality Chair's Reports <ul style="list-style-type: none"> • Newbury and District • North and West Reading • South Reading • Wokingham
Sponsoring Director	Locality Clinical Lead, Dr Kajal Patel, South Reading Locality Clinical lead, Dr Debbie Milligan, Wokingham Locality Clinical Lead, Dr Andy Ciecierski, N&W Reading GP Chair, Berkshire West CCG, Dr Abid Irfan
Author(s)	Andrew Price, Locality Manager, Wokingham, Tim Cooling, Locality Manager, Newbury Sarah Wise, Locality Manager, N&W and South Reading
Purpose	To update the Board on matters arising in the Localities.
Previously considered by	Locality meetings
Risk and Assurance	The paper does not directly link to risks on the Risk Register but items contained in the Locality Clinical Lead Reports may do so.
Financial and resource implications	There are no financial implications in the paper but items referred to in reports may have financial implications.
Legal implications/regulatory requirements	Where the report relates to policies, these have been developed in accordance with legislative requirements.
Consultation, public engagement & partnership working implications/impact	Undertaken with regard to specific work streams as appropriate.
Public Sector Equality Duty	None

Recommendation

The Governing Body is asked to note the content of the reports.

Newbury and District Locality Group (NDLG)

Locality Lead Report

Dr Abid Ifran

a) Locality plans

New Health & Wellbeing Priorities for 2018/19

Priority 1 - Improve access to employment, education, training and volunteering for vulnerable people.

The Board chose the above priority at the Annual Conference held in April 2018 which is being led by the Skills and Enterprise Partnership (SEP). The SEP has continued to meet since the Local Strategic Partnership was disbanded in 2014 largely as an information sharing network. The new Chair, Fadia Clarke, has worked over quarter one to reformulate the group's governance framework and achieve stakeholder buy-in to support the SEP's new focus.

The SEP has determined that its role will be to support local employers to create work environments that are accessible and supportive to all people, including vulnerable people.

Priority 2 - Priority for 2018/19: Support mental health and wellbeing for adults

Supporting mental health and wellbeing for adults has been chosen as a priority for 2018/19. It became clear in 2017/18 that there was a lack of clarity regarding activity being undertaken locally to support resident's mental health. As a result, the Mental Health Action Group (MHAG) was established.

The four themes of their work programme are as follows:

1. Celebrate, promote and connect existing resources especially those who provide Community Navigation and Peer Support.
2. Explore the introduction of a digital community resource directory for prevention, recovery and self-care
3. Investigate preventable deaths from physical health conditions of people with serious mental illness
4. Work with users and BHFT to co-produce improvements to patients experience when in crisis

In quarter one, the MHAG received the results of an audit into preventable deaths of people with serious mental illness. The audit found that the top three causes of deaths were cancer, suicide and stroke. Alcohol was a factor in 28% of the cases reviewed. Recommendations were made regarding physical health screening and an action plan is being developed.

The MHAG also received the final report from the Thinking Together for Mental Health event held on 22 March 2018. The report found a separation between professionals' and service users' interpretation of what a 'crisis' was. There was also a difference between the feedback received at the event and the results of a satisfaction survey undertaken of patients known to the Crisis Resolution and Home Treatment Team. A number of recommendations were made and a project

plan is being developed to outline a structured review of crisis services.

Urgent Treatment Centre

Progress continues to be made with BHFT to launch the UTC in the winter. The delivery group continues to review the current risks for the project and the 4 main areas of focus are future funding, estate, recruitment and GP top cover.

An update paper has recently been taken to the A&E Delivery Board to inform senior management about the progress of the project. The Board approved the proposal to deliver the UTC over the winter subject to assurance around some of the issues raised above.

7 day working

Developing a robust solution to deliver 7 day enhanced access from October has been a key focus for the CCG and GP Alliance over the last few weeks. Two of the practices locally are operating clinical systems that are less compatible with information sharing than the others in the locality, and the CSU IT teams are working hard to provide solutions across the CCG patch.

It is likely that Wiltshire CCG will allow one of these practices to join their 'hub' where IT issues will not be a factor. Importantly it means that patients at those practices will have access to extended appointments from October and not be at a disadvantage.

Practices are being updated weekly during the countdown to implementation and a series of special meetings between practices have been arranged to provide training and guidance.

Homelessness

The CCG is represented on the new Homelessness Strategy Group. A robust comms plan around the homelessness group is being worked up to cover the coming winter. The plan will promote understanding of what agencies are doing, raise awareness of activities and help create stronger links between agencies as well as raise the profile of the severe weather emergency protocol (SWEP) and clarify who might be eligible to access it during the winter.

The group looked at existing provision and future provision over winter. The group identified potential gaps and how these could be covered

The local authority is working with the CCG and Swanswell to establish medical drop in clinics over the winter period as funded by a Home Office grant. A series of meeting are happening to include potential providers of the service as well as CCG Clinical leads and staff to work through the practicalities.

b) NDLG Locality meetings

The previous Locality Council meeting in July discussed the following:

- Our BHFT Community Nursing team colleagues provided an update on a number of developments within the team including the appointment of the new Joint Care Provider Team Manager and the expansion of the MDT meetings with the town centre practices.
- The main focus of the meeting was on delivering the 7 day agenda and the IT solutions were discussed with the CSU and Dr Dan Alton who heads up the GPIT within the CCG. Particular

focus was given to two practices in the CCG who are on a different clinical system to the rest and may look to join a hub in Wiltshire

- Maggie Neale attended the meeting to provide an update on the work of the Primary Care Workforce Group and that there are plans to promote increased use of paramedics in primary care. Costings are being worked up for provision of Enhanced Physical Health Checks for patients with Severe Mental Illness and the Business Case is due to be shared shortly.

c) Alliance Development

- The Alliance working closely with Royal Berkshire Foundation Trust (RBFT) to reduce inappropriate workload transfer to primary care. Following negotiations, RBFT has agreed to stop issuing Outpatient Medication Advice Notes. As a further improvement for patients and the service, we are asking Consultants to provide any initial prescription, with subsequent appropriate prescriptions continued in General Practice on receipt of the full clinic letter electronically.
- The Alliances are working towards holding an NHS contract on behalf of the practices for denosumab. This will allow us to attain CQC registration and then be able to directly employ clinicians. The cost of delivering the service in Primary Care has been recently negotiated with the CCG.
- The Alliance has been busy progressing the implementation of the 7 day working schedule from October. Members of the Alliance are involved in various governance and comms work streams and practices are now receiving a weekly bulletin to advise on the latest updates.
- Members of the Board and the Business manager have completed a series of 'roadshow' practice visits to introduce themselves and collate suggestions for improvement from practices.

North and West Reading Locality Group (NWLG)

Locality Lead Report

Dr Andy Ciecierski

a) Locality plans

Integrated Care Planning

There has been a delay in the start of the Integrated Care Planning pilot due to the need to ensure that robust information governance arrangements are in place to enable the voluntary sector to be involved in care planning discussions. An Information Governance agreement has now been drafted and meetings are taking place with the pilot practice, Milman Road, to discuss the pilot process. A patient questionnaire and referral form have also been developed.

Summary of the BCF Operating Guidance for 18/19

The BCF Operating Guidance for 2017/2019 has been refreshed to include information on the targets for 2018/2019. This was published on the NHS England website on the 18th July and circulated to LAs on the 20th July 2018 and was reviewed by the Reading Integration Board at its July meeting. The Reading Integration Board noted and agreed the target for DTOC.

Value for Money review of Better Care Fund (BCF) schemes

Value for money review of schemes funded through the BCF have been completed which have provided assurance that the funding is being appropriately used to support integrated care that reduces NELs and DTOC. All existing schemes will therefore continue.

Refresh of Locality Targets

For the period 2017/19 the North & West Reading locality tasked itself to achieve a number of targets to improve the health and wellbeing of the North & West Reading population. The CCG has since taken stock of its achievements in the first year and undertaken a refresh of the 2 year 'plan on a page' targets. New locality profile data and review of 'right care' packs were used to help inform the review. Agreement to revised targets was considered by Council at its July meeting and new targets linked to the identification of veterans and increase Friends and Family Test responses have been added.

Social Prescribing

Two new members have been employed by Reading Voluntary Action and Age UK Berkshire to support the delivery of the integrated Social Prescribing service. It has been raised by the service that referrals are being received from providers for patients with complex needs, such as mental health, consideration is being given to whether these referrals are best addressed by other mechanisms and the criteria for accepting referrals is being reviewed with key stakeholders.

Due to the absence of data, the impact of the use of the service has yet to be identified. It is envisaged that the IPA tool will be used to see if clients are using A&E and GP services less, by looking at each individuals activity before and after they were referred to the social prescribing service; measuring the impact over a six month period.

• **Locality meetings**

At the time of writing this report neither the Locality Management Team nor the Locality Council had met; meetings are scheduled to take place on 4 September. A verbal report on discussions at the September meetings will be provided at the Governing Body meeting.

The previous Locality Council meeting in July had discussed the following:

- Craig Barlow, Paramedic Practitioner for SCAS, attended Council to share his experience of SCAS & GPs working together to support the role of paramedics in general practice.
- Council Members had a good discussion about what the CCG can do to help support practices increase dementia diagnosis rates and these actions will now be taken forward.
- Mortimer Surgery shared the success of their recent PPG Healthy Heart event that took place on 27th June. Dr Will Orr was a speaker at the event.
- Balmore Park and Emmer Green announced that they had successfully registered all Priory Avenue patients in time before the practice's closure.
- The refreshed version of North & West Reading Locality's Plan on a Page was shared with Members and changes/additions to the plan were approved.

b) Alliance Development

No NWR Alliance meetings were held in August, work has however continued on progressing key workstreams with the main focus being on plans for 7 day working to commence from October. IT training on the workaround solution enabling access to clinical records during 7 day working sessions is being held on 4 September and cluster rotas are being finalised. All participating practices have signed data sharing agreements.

South Reading Locality

Locality Lead Report

Dr Kajal Patel

a) Locality Plans

Reading localities work together to delivery integrated services where it is appropriate to do so, therefore, updates provided in the North & West Reading Locality report in respect of integrated care planning, action taken in respect of the BCF Operating Guidance, BCF value for money reviews and social prescribing also relate to the South Reading Locality.

Additional priorities of the South Reading Locality, include:

Cancer project

The South Reading cancer project continues to build momentum, recently the project has been focused on training the 'Cancer Champions' and setting up cancer support groups. To date twenty three community volunteers have been identified in which fifteen have completed their training sessions and became certified 'Cancer Champions', with a further eight that will undertake the same training. The next step is to align the 'Cancer Champion' to a designated South Reading practice and link in with the patient participation groups and support the delivery of the Quality Improvement Scheme. Cancer Champions have also set-up bi-monthly meeting as way of providing support to each other and sharing best practice/learning.

TB

An update against the TB plan was presented to the Health and Wellbeing Board on 13 July, this showed that in in 2016, 27 cases of TB were reported in Reading, with an incidence rate of 17 per 100,000 populations. The TB rate in Reading has sharply decreased since 2014 but remains above South East and England rates. The age group with the highest number of cases was 40-49 years old, followed by 60-69. The most common countries of birth for those notified in 2016 were India and Pakistan.

To continue to support reduction in TB rates the TB Services at the RBH are taking additional steps to improve access to services for patients and to improve screening attendance rates. The TB Clinical is now able to offer evening appointments to patients and a community outreach clinic is being set-up at Long Barn Lang Surgery in Whitley.

Community Alcohol Services

Discussions have recommenced regarding a local solution to address the impact of alcohol in the South Reading Locality. It is estimated that 18,185 people are drinking above the recommended levels and consideration is being given to offering community brief interventions and motivational interviewing techniques to reduce level of drinking to safe levels.

a) Locality meetings

Council of Practices 4 July 2018

Welcome to Sarah Wise and Maureen McCartney

Maureen McCartney and Sarah Wise are now working across both Reading localities; This is because as of 1st July 2018, Eleanor Mitchell has been seconded to work for the Berkshire West Primary Care Alliance. The Long Term Conditions element of Eleanor's role has been handed over to Raghuv Bhasin, who will be working jointly with Berkshire West CCG and the Royal Berkshire NHS Foundation Trust.

Eleanor Mitchell presented to members:

The new structure of Berkshire West CCG
The four localities within the new structure
The Right of the locality Council.
The key areas of knowledge

Paperless referrals - Royal Berkshire NHS Foundation Trust (RBFT)

Jonathon Reese (Head of Performance, Operational Planning and Transformation, RBFT) informed members that the Royal Berkshire Hospital 'Go Live' date for the rejection of non eRS referrals for non-emergency; GP to Consultant-led service was Monday 2 July 2018.

Members noted that access to emergency areas (where an assessment is required in less than 48 hours) is out of scope of this change and current processes should still be followed. The template of the referral rejection letter was circulated in the weekly newsletter on the 5 July 2018.

Update against the Quarter 4 Operating Plan

Maureen McCartney (Locality Operations Director Reading) referred members the Q4 Operating Plan. This outlines how the CCG are performing against the yearly plan, along with the national targets.

RAG rated as follows:

- Green : We're achieving the target
- Amber: We're on track to achieve the target by the end of March 2018.
- Red: We're not expected to achieve the target.

The vast majority of Berkshire West CCG's targets are amber which is expected, as they are part of an ongoing plan and have been carried forward to 2018/19.

All of South Reading's objectives are green with the exception of one; The hypertension quality premium target which will continue for 2018/19.

2017/18 Annual Report

Dr Kajal Patel referred members to South Reading CCG's Annual Report 2017/18. This summaries the financial accounts and activates that have been carried out by South Reading CCG, Governing Body

and Council over the last year.

Chairs Report

(Dr Kajal Patel, Locality Chair, South Reading)

This report includes information about:

- **Practice manager update**
Bev Manton informed members of the items to note from the last practice manager meeting held on 28 June 2018.
- **Quality Improvement CES**
Funding is available from the Cancer Alliance for practices to target their population. Practices need to sign up to the CES in order to access this funding and carry out a couple of tasks.
- **TIPS**
29th November locality timings
Members agreed to trial holding the TIPS event on the 29th November 2018 from 14:00pm-18:30pm.

Practice Based TIPS
Five practices have opted out of sharing the cost of Westcall cover for practiced based TIPS. The cost per practices for the remaining 11 is £90.45.
- **Pathology**
At the end of June, Shairoz Claridge (Planned Care Director, Berkshire West CCG) met with the senior executive team at Berkshire and Surrey Pathology Services (BSPS). She highlighted all the issues raised by GP practices and agreed actions and next steps.
- **Practice Feedback**
Feedback from practices will be picked up in the Locality Management Team meeting (LMT) which is held on the 3rd Wednesday of the month. Members were asked to email amyhutchings@nhs.net
- **Social Prescribing**
From October 2017- May 2018 there were 167 referrals (target 160) made to this service. 59 of these were from South Reading Practices. Practices were reminded to continue to refer as the service still had further capacity.
- **Public Health cuts**
There are proposed cuts to these services; Smoking cessation, Eat for Health and NHS Health Checks. Further details will be disseminated once we know more.

a) Alliance Development

Footfall: 3 Practices have now gone-live and we continue to progress roll-out, completion due 1st Nov 2018 (with the exception of WIC and UMG who are looking at their own online solution).

Clinical Pharmacists: 3 Headcount CP's are now in-place across the Central Cluster as part of the

Wave 2 NHSE pilot. A West Berks wide CP bid was successful to deliver 18 WTE CPs to the practices not currently covered by an existing pilot. This will be implemented over the next few months as we now have a dedicated resource to manage this.

7-Day Working: The Collaborative Alliances continue to work with the CCG to progress the 7DW implementation workstreams. Significant resource has been required to contribute to this and the Business Manager is leading on the project control and the Chair is the Senior Responsible Officer. Weekly workstream meetings are underway and the Project Board sits bi-weekly.

MSK: The Collaborative Alliances are working with the Commissioners and ICS Stakeholders to explore delivery of MSK services focused on 1. Shared Decision Making, 2. Direct Access Physio and 3. The referral and triage process.

MDT Care Planning Pilot: Two South Reading practices have been selected to pilot Multi-disciplinary Team Care Planning in collaboration with Social Services and Berkshire Healthcare Foundation Trust, this is aligned to the CHASC model established in Wokingham.

ICS Engagement: The Alliance continues to engage with ICS meeting and steering groups, Dermatology and Respiratory is currently being explored by a start and finish workgroups.

'Releasing Time to Care': Three practices and the Alliance Business Manager will be attending a series of workshops facilitated by NHSE to explore Care Navigation and Group Consultations.

CQC Registration: RPCA have successfully submitted a CQC Application for delivery of a private 'sleep well' service. Marketing and communications will be rolled out once the application has been approved. Dr A Bindra will be the Registered Manager.

Wokingham Locality Group (WLG)

Locality Lead Report

Dr Debbie Milligan

b) Locality plans

Health and Wellbeing Board

Following the Local Government Association facilitated workshop on 2 July 2018, and in order to help drive forward the redesigned Health & Wellbeing Strategy, the H&WB schedule will be supplemented with additional informal meetings on the months when the formal bi-monthly board is not being held.

Health and Wellbeing Board of 09 August

Three presentations were received:

1. The Health & Wellbeing Strategy arising from the Health and Wellbeing Board Refresh

- A vision for 'Creating healthy and resilient communities'

Focusing on three key priorities:

- a) Narrowing the health inequalities gap;
 - to close the gap between what a child who was born today in the most deprived areas and those in the least deprived areas would experience over their life time
- b) Reducing isolation
 - Older people
 - People with mental illness;
 - for Carers in order to improve their mental and physical wellbeing.
- c) Creating Physically Active Communities.
 - get people of all ages and abilities more physically active
 - getting more people out and using green and blue spaces
 - promoting more active travel
 - encouraging more children to get at least one hour of physical activity every day.

A review of the partners to help implement the vision currently underway. Having heard about the Bicester Healthy New Town approach in June, the board heard about the Wigan model and a potential visit is planned in the Autumn by Dr Milligan and Councillor Dolinski and Martin Sloan to find out more about their examples of good practice. A cross party Adult Social Care Working Group has recently been established and will report back to the Board. It was agreed to invite Housing to the Board

2. Get Active: Creating Physically Active Communities in Wokingham.

The Board received an in-depth review of physical activity in the short, medium and long term.

- Board members were informed of the recommended levels of physical activity. The recommended level for adults was 150 minutes a week, or 30 minutes of moderate activity 5 days a week. This could be in bouts of 10 minutes if the heart rate increased.
- Beverley Thompson, Service Manager Sports and Leisure, informed the Board of the investment in leisure. Ryeish Green Sports Hub would be opening in August 2018 and Bulmershe Leisure Centre was being rebuilt and was due for completion in July 2020. Carnival Pool would be redeveloped from approximately September 2020 and Loddon Valley Leisure Centre would be enhanced from October 2018. The Board was also informed of Arborfield Green Leisure Centre and 3G football pitches.
- Beverley outlined some of the benefits of the leisure contract including free membership to children in care, care leavers and foster children/siblings and free swimming for children in receipt of free school meals during the school holidays.
- Glenn Goudie, Physical Activity Co-ordinator, informed the Board of the SHINE activities programme for over 60s. There were currently 2,400 active members and 66 different classes on offer. Classes ranged from between 10 and 30 people.
- Sian Attard, GP Referral and Long Term Conditions Manager, highlighted the long term conditions programme. The Health promotion team consisted of the GP Referral Physical Activity Scheme, Steady Steps (Falls Prevention), Mindful Health and Wellbeing, Cardiac Rehab Phase 4 and the Long Term Health Conditions Programme. It was noted that there was a rehabilitation gym at Loddon Valley Leisure Centre.
- Brian Wooldridge, Health walk leader, stated that he had been involved in health walks for 20 years and now led approximately 5 walks a week. They were a good way to make friends and to get fit.
- Julie Pillai, Road Safety Officer, encouraged the Board to make use of the My Journey Wokingham page which promoted active and sustainable travel. Councillor Dolinski questioned whether the routes suggested for travel included dedicated cycle paths and was informed that they did.
- Natalie Mears, Public Health Project Officer, informed the Board of Public Health campaigns.
- Ian Clayton led the Board in a Tai Chi session.

3. Berkshire West Integrated Care System Operating Plan 2018/19

The CCG presented the Berkshire West Integrated Care System Operating Plan 2018/19

- The Berkshire West Integrated Care System Operating Plan 2018/19 was presented - the first operating plan jointly written by the Integrated Care System (or ICS)

the **Better Care Fund Quarter 1 Submission** was received:

- Performance continued to be good.
- Wokingham was not meeting the target for non-elective admission rates, although they continue to be the second best performing area in the country

Wokingham Leaders Partnership Board and Wokingham Management Partnership Board

Angela Morris and Martin Sloan have been newly appointed in the roles of Director of Adult Social Services (DASS) and Assistant Director of Adult Social Services respectively following the departure of Paul Senior as Director of People's Services

The Wokingham Leader Partnership Board (WLPB) met on 7th August providing strategic vision for the Wokingham Management Partnership Board (WMPB). Key points discussed included:

- All organisations to promote increased referrals to MDTs. The service has reported successful outcomes for patients going through the process but is not currently being used to full capacity
- RAG rating is green for Admission to Care Homes and 91 day target, red for Non-Elective Admissions (NEA) and Delayed Transfers of Care (DToC).
- Bicester Model and Wigan model of integrated care discussed
- WISH team working with other organisations to potentially jointly recruit a dedicated member of staff to focus on DToCs
- Wokingham's MoU is pending CCG and RBFT approval

The Wokingham Management Partnership Board (WMPB) met on 15th August.

Key points included:

- CHASC Project manager will work with Practice managers to increase MDT referrals
- Community Navigator Service increased in the last month
- Healthwatch and Involve will join WLPB as non-voting partners

Integrated Health and Social Care

The Community Health and Social Care (CHASC) team have announced Go-live dates for North Locality 6th November and East Locality on 22nd November, following the West locality launch at Chalfont Surgery on 27th June.

c) Locality meetings

The Locality Management Team (LMT) and Council of Practices meetings are held jointly by the CCG and Wokingham GP Alliance.

Locality Management Team meeting 7th August 2018

Items on the agenda included:

- Practice visit feedback
- Anticipatory Care CES
- Planning for November TIPS
- 7-day Access
- Alliance work with NHSE
- The GP Consultant model operated at Brookside practice, which the AHSN has recently documented

- Alliance updates
 - Key progress areas
 - Issues
 - New work areas

Council of Practices met on 21st August 2018

Apart from the usual business items, most of the time spent was spent reviewing details of the new Enhanced Access CES. There was also an open workshop for each of the clusters where questions were asked and potential solutions discussed.

Alliance Project Updates

- An Atrial Fibrillation detection funding bid has been successful
- Developments have been made on Enhanced Access CES rotas
- All parties are working together on MSK