

Report of Berkshire West CCG Governing Body: 12 March 2019

Title	Locality Chair's Reports <ul style="list-style-type: none"> • Newbury and District • North and West Reading • South Reading • Wokingham
Sponsoring Director	Locality Clinical Lead, Dr Kajal Patel, South Reading Locality Clinical lead, Dr Debbie Milligan, Wokingham Locality Clinical Lead, Dr Andy Ciecierski, N&W Reading GP Chair, Berkshire West CCG, Dr Abid Irfan
Author(s)	Andrew Price, Locality Manager, Wokingham, Tim Cooling, Locality Manager, Newbury Lyndon Mead, Locality Manager, N&W and South Reading
Purpose	To update the Board on matters arising in the Localities.
Previously considered by	Locality meetings
Risk and Assurance	The paper does not directly link to risks on the Risk Register but items contained in the Locality Clinical Lead Reports may do so.
Financial and resource implications	There are no financial implications in the paper but items referred to in reports may have financial implications.
Legal implications/regulatory requirements	Where the report relates to policies, these have been developed in accordance with legislative requirements.
Consultation, public engagement & partnership working implications/impact	Undertaken with regard to specific work streams as appropriate.
Public Sector Equality Duty	None

Recommendation

The Governing Body is asked to note the content of the reports.

Wokingham Locality

Locality Lead Report

Dr Debbie Milligan

- **Locality plans**

Wokingham Borough Wellbeing Board

The Wokingham Borough Wellbeing board met on 14th February 2019 and considered:

- i. Service planning for Veterans and the delivery of the Armed Forces Covenant;
- ii. Guiding principles for the Wokingham Integrated Partnership;
- iii. Better Care Fund Quarter 3 Report
- iv. A summary of the NHS Long Term Plan.

Performance against BCF Metrics was reported as follows:

- i. Reduction in Non-Elective Admissions (NEAs) - Not on track to meet target, but growth in NEAs amongst the over 70s was lower than other age cohorts.
- ii. Rate of Permanent admissions to care homes – On track to meet target
- iii. Permanent Admissions to Care Homes - On track to meet target
- iv. Proportion of older people (aged over 65) who are still at home 91 days after discharge from hospital – On track to meet target
- v. Delayed Transfers of Care (DToc) – On track to meet target

Wokingham Leaders Partnership Board and Wokingham Management Partnership Board

The Wokingham Leader Partnership Board (WLPB) met on 5th February 2019 and focused on:

- i. Opportunities the new contract brings for social prescribing.
- ii. Guiding principles for the Wokingham Integrated Partnership;
- iii. A summary of the NHS Long Term Plan;
- iv. Finance Report and Commentary
- v. Wokingham Integrated Partnership Operational and Performance Report.

The Wokingham Management Partnership Board (WMPB) meeting of 20th February 2019 was cancelled.

Wokingham Borough Key Partner Engagement

Wokingham Borough Council has been asking the public, through a number of engagement events, on what they think are the challenges facing the Borough and what areas they feel need improving. On 27th February 2019 the Council shared this information with partners on what work is currently underway and what solutions could be delivered in partnership. A further meeting to review progress will take place in 6 to 9 months' time.

b) Locality meetings

The Locality Management Team (LMT) and Council of Practices meetings are held jointly by the CCG and Wokingham GP Alliance.

The **Locality Management Team** met on 12th February 2019 and considered:

- i. NHS Long Term Plan and the new GP Contract;
- ii. Wokingham outliers in the Health Inequalities Pack from NHS Right Care and any action required;
- iii. The restructuring of Involve;
- iv. Possible topics for May 2019 TIPS;
- v. Issues relating to shared care for substance misuse and how these can be resolved.

The **Council of Practices** met on 19th February 2019 and considered:

- i. Cancer Review presented by Dr Kajal Patel
- ii. Cancer Champion Scheme set up by Involve.
- iii. Infection Control.
- iv. Transgender prescribing.

c) Wokingham GP Alliance

The Wokingham GP Alliance, working closely with practice managers, are considering the most appropriate local approach to the establishment of **Primary Care Networks (PCNs)**. To reflect the intent of the NHS White Paper, PCNs need to be and feel to be “practice based.” But some roles might be more effectively organised at a higher scale.

Patient Group Directives relating to an improved pathway for **sepsis care** are near to final sign off. The pathway allows primary care paramedics to initiate treatment for suspected sepsis during home visits rather than wait until the patient reaches hospital.

The **Atrial Fibrillation** project team met with the CCG. As a result, we agreed a proposal that we would include the AF project as part of PQS, leaving the external measurement of success to the PQS team utilising Vision Outcomes and effectively guaranteeing 100% coverage over Berkshire West. The funding is additional to the PQS – i.e. not part-funding the PQS.

Locality Lead Report

Dr Abid Ifran

a) Locality plans

Primary Care Networks

Following the release of the new GMS contract for GPs it has become clear that practices locally are being asked to form new Primary Care Networks.

Primary Care Networks will see GP surgeries working closely with each other in local areas with community teams, social care, mental health, hospitals, pharmacies and the voluntary sector. These are being set up to serve populations of 30,000 - 50,000, small enough to provide personal care, but large enough to have impact and economies of scale through more collaboration between practices and the rest of the health and social care system.

Practices in Newbury have been holding conversations between themselves to form natural clusters that can deliver this new model of care, and will need to have established these networks over the next few weeks.

Extended Access in Primary Care

There have been local discussions with the GP Alliance about the provision of Extended Access arrangements from April 2019. The Burdwood Surgery are currently running sessions on Friday evenings and Sundays on behalf of patients registered with Newbury practices and three North and West Reading practices (Mortimer, Pangbourne and Theale).

There are discussions regarding the type of appointments that could be included as part of the enhanced access offer from April such as physiotherapy and phlebotomy. As ever the importance of a robust IT solution to facilitate practices working together is something that CCG, CSU and Alliance teams have been working together on to improve so that clinicians are able to view patient records from neighbouring practices.

Practice Visits & MDT working

Clinical Leads and locality teams have nearly finished their annual round of practice visits. As per previous years it is an opportunity for the CCG to share some of the key strategic developments in the CCG particularly around the ICS. Other items discussed include the 360 degree survey feedback from the CCG, Outpatient activity and any concerns specific to the practice. The Primary Care team have also attended the visits to enable new staff members to build relationships with the practices.

The CCG has also been visiting practices to discuss holding virtual skype MDT meetings as an expansion of the type being trialled in the town practices. It has been a good opportunity to hear about how other teams organise their MDTs and work closely with community teams in BHFT and Adult Social Care. The best practice from these visits will be shared across the patch to encourage more joined up approaches to patient care.

Opening of Greenham Trust Wing at West Berkshire Community Hospital

The official opening of The Greenham Trust Wing by The Duchess of Gloucester took place on February 27th and the CCG was represented at the event by myself and Cathy. While the renal unit with kidney dialysis has been treating patients since July 2018, the Rosemary Centre with chemotherapy and other IV treatments has now started to treat its first patients from February 2019. We had the opportunity to look around both units and talk to patients receiving dialysis treatment.

Dr Bal Bahia clinical sessions

Dr Bahia is stepping away from his clinical commitments at the CCG and is taking on a non-executive role at RBFT. As someone who has been at the heart of clinical commissioning over the past few years I wanted to take this opportunity to thank him formally for all work a clinical lead for the CCG and particularly in representing the organisation on the Health & Wellbeing Board.

The integration agenda is a challenging one, and I know he has been instrumental in bringing many local partners together in a collaborative way to help shape the priorities that the Board has focused on recently. Working with the acute trust ensures his expertise is not lost to the integrated Care System locally and I wish him all the best for the future

b) NDLG Locality meetings

The previous Locality Council meeting in January discussed the following:

- The RCGP Research and Surveillance Centre (RSC) is a network of over 430 participating general practices across England. The Centre collects and monitors data, in particular influenza and other diseases, and monitors vaccine effectiveness. Currently, over 250 practices provide data on weekly basis a couple of which are local in Newbury. Practices were encouraged to review the offer and possibly sign up.
- Dr Lennox introduced the offer of working with Optum to develop the integrated population analytics work and how it will link with existing tools we have to risk stratify patients.
- The Alliance has gone out to practices to offer a 1st Contact Physio practitioner service across the patch. Arrangements will be put in place initially to spread sessions across 3 IT matched clusters, however patients will have access to each of the sessions, regardless of their registered practice. Once room space has been agreed for the members of staff the service will look to be available from April 2019
- The role of clinical pharmacist was discussed and practices shown what resource will be available to them.
- The structure of Councils going forward was discussed and the role of the Alliance in shaping the Agenda. There is likely to be a transitional period as the Alliance takes on more responsibility for shaping the agenda.
- The new CES arrangements for April were discussed
- A large part of the meeting was dedicated to discussing the emergence of Primary Care Networks and how local practices might organise themselves to meet the national criteria

a) Alliance Development

- The Alliance recently called for expressions of interest to join the Board as terms were up for renewal. Following the election process the Alliance will continue in its current form with Pete Osborne as Chairman, Ellora Evans director, Jimmy Lennox director, and Serena

Pongratz director. Dan Stanton will continue as Business Manager and Paul Gomm will provide administrative support.

- The Alliance is co-ordinating a response to the RCGP see who would be keen to take part as a data provider or more involved research active practice.
- The Alliance will be working with practices over the current weeks to discuss extended Access arrangements and co-ordinate the rotas from April onwards when the requirements of the service rise from 30 mins per 1000 patients to 45 mins. There are meetings happening across the Berkshire West patch that Alliance staff are linking in to.
- The Alliance is driving the recruitment of clinical pharmacists locally and held a meeting with interested practices to discuss recruitment.
- Designing and offering the 1st Contact Physio practitioner service across the patch.

North & West Reading

Locality Lead Report

Dr Andy Ciecierski

Locality updates

Reading CQC system review

Following the completion of the review last year, and the subsequent workshop where CQC leads presented their findings, system leaders were tasked with producing an action plan setting out how any areas for improvement are to be addressed. The plan has now been produced and will go to the Reading Health & Wellbeing Board in March for approval.

Progress will be monitored and supported by assigned representatives from the Social Care Institute for Excellence (SCIE) and the Department of Health. Seona Douglas, Director of Adult Care at Reading Borough Council, is the system lead accountable for delivering the plan but will be supported by a working group made up of reps from across the health and care economy.

Reading Health & Wellbeing Board

The Board last met 18 January 2019 and the agenda and papers can be found [here](#). The locality submitted 4 reports in partnership with the council covering the following:

- Macmillan / South Reading cancer 'champions' programme – an update on re-commissioning of the service for 2019/20
- Response to Healthwatch Report "Our Top 3 Priorities" by People Seldom Heard – a joint council / CCG response summarising how we engage with less represented patient / resident groups
- Response to the Healthwatch Reading Report 'Working With Service Users with Mental Health Needs'
- Conversations About Care: Findings of Our Visits to all Local Care Homes for Older People- Healthwatch Reading Report

The next meeting will take place 15 March and the agenda can be found [here](#).

Practice visits

The CCG undertake annual practice visits to all GP partners across both the North & West and South Reading localities. These visits are not formal reviews or contract meetings but rather an opportunity for practice staff and the CCG to discuss and resolve any local issues and identify good practice to share with other practices across the CCG.

Out of a total of 25 practices, 15 visits have taken place to date, with a further 10 to complete in the coming months across the Reading localities.

The visits have been successful, not only as a key means to improve links and communication between the CCG and partner GP, but also as a mechanism to identify and share good practice across the locality. Examples from practices include -

- Holding an evening/weekend pop-up clinic to improve uptake of screening tests during national prevention weeks e.g. Cervical Screening Prevention Week in January. Displaying leaflets & decorating waiting room to raise awareness and doing a short survey of patients who attend the clinic for learning outcomes.
- Trained reception staff in red flag signs for Sepsis and have prompt cards by workstations; clinical staff completing e-learning and the NICE Sepsis Risk Stratification Tool and Traffic Light Assessment Tool for Under 5's is on display in all clinical areas; public awareness posters are also in the waiting area and on screen.
- Holding peer reviews on referrals each month. This has particularly supported new GPs reduce referrals and been seen as a positive learning process.
- Utilizing Dispensing Technicians to support Pharmacists
- Weekly board round at local care homes to support reduction in workload attributed to minor issues

Locality targets

Targets set as part of the 2 year plan on a page remain a focus, however these have now been further developed with additional measures added with clear targets / outcomes. The targets are specific to each locality and identified as key areas of health and wellbeing improvement for the local population.

The Reading locality team can supply the full report but some Q3 headlines are included below -

Local target	Q3 performance
Supporting veterans - Increase no. of known veterans registered in GP practices by 10% from 17/18 baseline (197 to 217)	As at end Q3, 319 veterans registered
Smoking cessation - increase in referrals to Solutions 4 Health >139 (no. of referrals in 2017/18).	As at end Q3 practices have made 128 referrals
Reduce no. of diabetic patients with HbA1c>75 to 13.5%	% of patients across practices reduced to 11.2%
Increase dementia diagnosis rates to 67% (of estimated dementia population)	Average across practices at Nov 18– 66%

Locality meetings

Summary of key items covered at February Council of Practices and Locality Management Team meetings:

LMT 05 Feb:

- Members discussed the recently published 5 year GP Contract Framework. A Primary Care Network contract will be introduced from 1 July 2019 as a Directed Enhanced Service (DES). It will ensure general practice plays a leading role in every PCN and mean much closer working between networks and their Integrated Care System. This will be supported by a Primary Care Networks Development Programme which will be centrally funded and locally delivered.
- Members discussed the ongoing role of LMT and Council meetings and how they could be utilised going forward to support the developing role Primary Care Networks.
- North & West Reading Locality Q3 performance against local targets was noted.
- An update was provided on the Integrated Care Partnership Group, soon to be known as “Neighbourhood Care Planning Group” looking to go live in February. The project aims to provide a forum for multi-disciplinary discussion, risk assessment and comprehensive care planning for targeted residents at particular risk of admission.

Council 05 Feb:

- Rabia Alexander, BW CCG Mental Health Lead, provided Members with an update on the **Dementia Action Plan**.
- Dr Kajal Patel, BW CCG Cancer Lead, shared a new standardised **cancer review template** which had been produced to support practices when discussing care with patients. Kajal also encouraged practices to sign up for the **12 month cancer care review**, highlighting practices would receive £200 automatically for signing up. Information regarding the **new bowel cancer screening test (FIT)** would be shared via Public Health with practices as part of a phased roll-out of the screening programme. Dr Patel also encouraged practices to participate in the **National Cancer Diagnosis Audit** run by CRUK.
- The Council reviewed and discussed the **NHS Long Term Plan** summary.
- Performance against local targets at Q3 was noted. In particular the practices were encouraged to do a final push on increasing uptake of **asthma care reviews** and to utilise key messages shared via email, the GP newsletter and at practice visits to support this target.
- Members shared **celebrated successes**: Circuit Lane achieving a 7% reduction in HbA1c>75 in the last 3 quarters; learning outcomes from Pangbourne cervical screening pop-up clinic during Cervical Cancer Prevention Week; and morale raising initiatives including “champagne moments” (Tilehurst) and running staff exercise classes and monthly bake offs (Theale).

NWR Alliance Developments:

- Extensive work on supporting the development of Primary Care Networks in NWR Reading.
- Clinical Pharmacist in GP practices project - working in collaboration with other alliances on the NHS England project to recruit pharmacists (part-funded) for GP practices for NWR Reading practices.

- **Development of the First Contact Physiotherapist pilot for NWR Reading Practices**
- **MSK** – Continued collaborative working with the other alliances to develop an Alliance proposal for how primary care can contribute to improving the overall MSK pathway
- **Dermatology**- continued work to develop a pathway to upskill GPs and deliver dermatology services in primary care following RBH's decision not to accept routine referrals.
- **ICS/Integration projects** – continue to take active role in shaping ICS projects/care pathway review and redesign, including respiratory, anticoagulation and cardiology. Working with Reading Council and CCG partners to pilot MDT clinics to better support high needs residents / patients.

South Reading

Locality Lead Report

Dr Kajal Patel

Locality updates

The following updates from the North & West Reading section above also apply to South Reading:

- Reading CQC system review
- Health & Wellbeing Board
- Practice visits

Latent TB Infection (LTBI) Testing and Treatment programme: 2019/20 LTBI programme plans

South Reading CCG (as it was pre April 2018) is one of the identified high TB burden CCGs in England able to receive additional funding from NHS England for LTBI testing and treatment, subject to having appropriate plans agreed with NHS England for this purpose. The locality team will be working with colleagues from the Royal Berkshire Hospital and Reading Council (including Public Health) to agree a plan for how we will reduce latent TB infection rates in South Reading. Plans must be submitted to NHSE by 18 March.

Locality targets

Targets set as part of the 2 year plan on a page remain a focus, however these have now been further developed with additional measures added with clear targets / outcomes. The targets are specific to each locality and identified as key areas of health and wellbeing improvement for the local population.

The Reading locality team can supply the full report but some Q3 headlines are included below -

Local target	Q3 performance
Smoking cessation - increase in referrals to Solutions 4 Health >151 (no. of referrals in 2017/18).	As at end Q3 South Reading practices have made 194 referrals
Reduce no. of diabetic patients with HbA1c>75 to 14.6% (2% reduction from baseline 16.6% March 2018)	% of patients across practices reduced to 12.5%
No. new entrants screened for LTBI – <i>The target is based on the National LTBI Strategy patient cohort, specifically patients aged 16 to 35 years who entered the UK from a high incidence country (≥150/100,000 or SSA) within the last five years.</i>	Target population screened – <ul style="list-style-type: none">• Q1 - 54• Q2 - 48• Q3 – 85* <i>*Q3 increase linked to introduction of evening clinics in October.</i>

Locality meetings

Summary of key items covered at February Council of Practices and Locality Management Team

meetings:

Council - 06 Feb:

- **Planned care update** – Dr Abid Irfan attended to provide an overview of the current planned care programme and its key objectives. The current programme covers activity across MSK, Ophthalmology, Dermatology, Gastro, Audiology and Diagnostics.
- **Macmillan Cancer information centre** – Shirley Jackson provided an overview of the support available from the Macmillan information and support centre located at Royal Berkshire Hospital (cancer centre in north block). They have an open door policy; open Monday-Thursday 9am-4pm and Friday 9am-2pm.
- **National cancer diagnoses audit** – Dr Kajal Patel advised members that audit is scheduled to take place again in 2019/2020. Data Collection for the 2019/20 NCD runs from April 2019 – March 2020. GPs can sign up to take part January – March 2019.
- **NHS Long Term plan** – To help socialise the plan the CCG produced a summary of the key headlines for the group to review / discuss.
- **Chairs report** - Dr Kajal Patel presented to members the Chair's report and key information relation to; the introduction of the Making Every Adult Matter (MEAM) group in Reading, funding to support cancer care reviews, training opportunities provided by Macmillan, information about an upcoming ICS engagement event aimed at patient participation group chairs and practice managers and the practice based TIPS events.

LMT 19 Feb:

- **NHS 10 year plan** –To help socialise the plan the CCG produced a summary of the key headlines for the group to review / discuss. Members noted that the final agreement of the PCN's network contract is due out by the 29th March 2019.
- **On-going Role of LMT and Council Meetings** – in light of the NHS Long Term Plan (LTP) and introduction of Primary Care Networks (PCN), the group discussed how the forums may change / adapt in future to best support PCN development and delivery of the LTP priorities.
- **Primary Care team update** – The team updated the forum on key developments, such as; the Shinfield contract extension, National patient survey uptake, the Community Enhanced Services agreements (CES) and thoughts around clinical input into the development of Primary Care Networks.
- **Review of Q3 locality targets** (see above)
- **TIPS** – the group discussed potential topics for the May TIPS event
- **Programme Board updates** – key developments and updates from the programme boards were shared and discussed.

Reading Primary Care Alliance (RPCA) Developments:

- Extensive work on supporting the development of Primary Care Networks in South Reading.
- Reading Primary Care Alliance continues to provide Extended Access Friday evening and Sunday appointments for South Reading, Wokingham and NWR (except Pangbourne, Theale and Mortimer)

- Clinical Pharmacist in GP practices project - working in collaboration with other alliances on the NHS England project to recruit pharmacists (part-funded) for GP practices for South Reading practices.
- **Development of the First Contact Physiotherapist pilot for South Reading Practices**
- RPCA now has CQC registration and will be working with Healthwatch and Patient Groups on a communication and engagement plan to fully launch the Alliance locally.