

BEST 4 Diabetes Modular Education Programme

BEST 4 Diabetes is a modular HCP Education programme specific to Berkshire West. Modules can be attended individually or the programme can be completed in its entirety.

The programme is funded by Berkshire West Federated CCG and is therefore free to attend, however attendance is monitored and non attendance is acted upon.

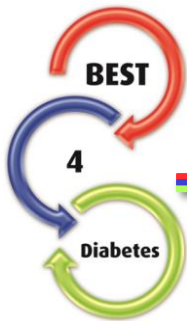
The programme is facilitated by the Community Diabetes Team.

Places are limited, to book a place e-mail Diabetes.Training.West@berkshire.nhs.uk

For further information contact Claire Rowell, Diabetes Nurse/ Team Lead
Claire.rowell@berkshire.nhs.uk

All Modules will be held at Berkshire Maestros, Stoneham Court, Reading RG30 4EZ

Date	Module	Content	Time	Facilitator
Wednesday 15 th May 2019	Oral Therapies and GLP-1	This module will look at the complex web of diabetes medications, how they work and who they are suitable for.	10-1pm	DSN Team
Wednesday 12 th June 2019	Foundation Course	This module will discuss the diagnosis of diabetes, use of the glucose measurement meters, glycaemic targets, oral treatments of diabetes, basic injectable therapies treatment.	9.30-4pm	DSN Team



Wednesday 3 rd July 2019	Insulin Optimisation	<p>This module covers the intensification of insulin in patients failing to achieve control on simple insulin regimens and twice-daily mixed regimens the strategies for the management of poor control often with hypoglycaemia or weight gain.</p> <p>This module will cover the management of acute hyperglycaemia, and hypoglycaemia</p> <p>This module is intended for HCP's who initiate and manage insulin.</p> <p>Please note that this is not insulin initiation.</p>	9.30-4pm	DSN Team
Wednesday 25 th Sept 2019	Type 1 Diabetes	<p>This module will look at the role of primary care in the care of people with Type 1 diabetes.</p>	10-1pm	DSN Team
Wednesday 9 th October	Diet and Exercise	<p>This module covers the dietary management of diabetes, with specific focus on carbohydrate requirements and counting, dietetic management of obesity and exercise recommendations.</p>	10-1pm	Diabetes Specialist Dietician

More modules will be announced later in the year.

